

May 2024

# COMMUNITY SERVICE DEPARTMENT



Screening  
Camps



Online  
Painting  
Competition



Hand &  
Hygiene  
Session



World No  
Tobacco Day  
Programme



Awareness  
Programme



CANNEST



Sticker  
Campaign





# HAND & HYGIENE SESSION

@ IOG & ICH, Egmore

To commemorate World Hand and Hygiene Day. Canstop organised a hand hygiene session for women's and children's cancer wards at IOG & ICH, Egmore on May 7th.

Dr. Vaidehi, Ms. Kalaivani, and Ms. Prabha from the Infection Control Department at SMF gave a practical session for the patients.



## MEDICAL CAMP

@ His/Her Place, T.Nagar

To commemorate World No Tobacco Day, the Rotary Club of Madras in association with the Sundaram Medical Foundation organised a free medical camp on May 23, 2024 from 11.00am to 1.00pm & 3.00pm to 6.00pm at His/Her place, T. Nagar.

Checkup: CBG, HB, BP, PFTs, General & Oral screening were done. A total of 223 beneficiaries were benefitted from this screening camp.

The following dental care has been provided for the beneficiaries with the support of RCM Mobile Dental Clinic : Restoration/filling - 9, Extraction/tooth removal-9, Oral prophylaxis/cleaning-12, Consultation -5

Rtn.Dr. Srinath Yeswant and his team from Cure Select Health Care provided CBG, SpO2, and PFTs for the beneficiaries.





# MEDICAL CAMP



We distributed medicine worth Rs. 9400/- to needy people.

PP Rtn.Dr.Vijaya Bharathi Rangarajan, Rtn.Bharat Pujara ,Rtn .Nidhi Thadani and Rtn. Dr. Srinath Yeswant visited the camp.



We extend our heartfelt gratitude to SMF Team, Saveetha Dental college, Cure Select Health Care, Canstop Volunteer and social workers for their support in Uplifting the medical camp.

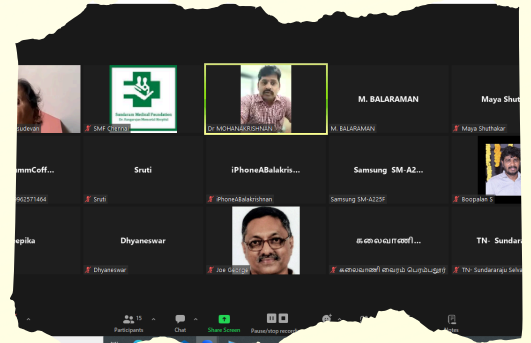


# STEP PROGRAMME

A Support Therapy to Educate People (STEP) Program was arranged with the aim of addressing the subject "World Asthma Awareness Month" on May 25th, 2024, from 2.00 PM to 3.00 PM.

Dr.Mohanakrishnan, consultant from Pulmonology department at SMF, educated about the significance of Asthma treatment & its importance. Around 48 individuals participated in this program.

In this session, the speaker clarified the inquiries posed by the participants. Finally, the participants expressed their satisfaction with the session by providing positive feedback.





# PLASTIC WASTE MANAGEMENT

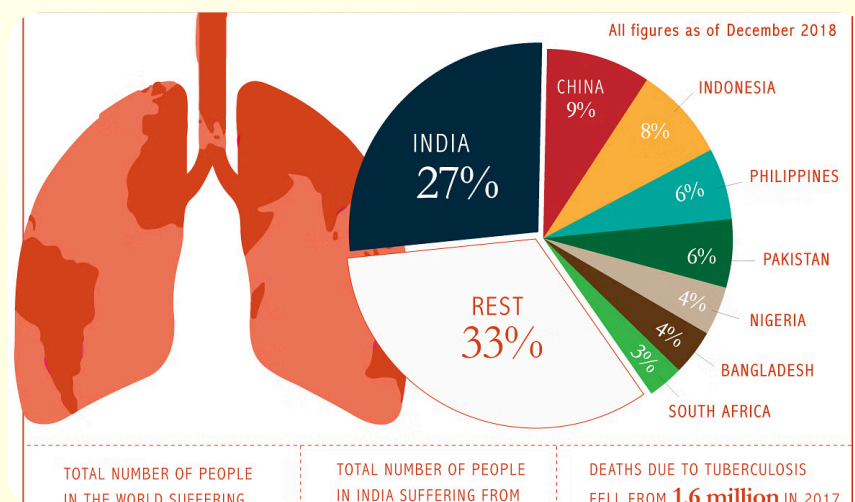
The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.

A total of 80kg of plastic waste was collected in the month of May 2024.



## REACH FOUNDATION



For the month of May 2024,  
22 people have utilized the Tuberculosis Intervention Services.





# WORLD NO TOBACCO DAY 2024 ACTIVITIES

## ORAL SCREENING CAMP



To commemorate World No tobacco day , CAN-STOP organized free Oral Screening camps at various places,

- Kodambakkam, Metro Site on May 4th, 2024
- Alathur Village on May 6th, 2024
- SM Nagar & Thiru. Vi. Ka Kudiyiruppu on May 8th, 2024
- Panagal Park Metro site, T.Nagar on May 11th, 2024
- His/ Her Place, T.Nagar on May 23rd, 2024

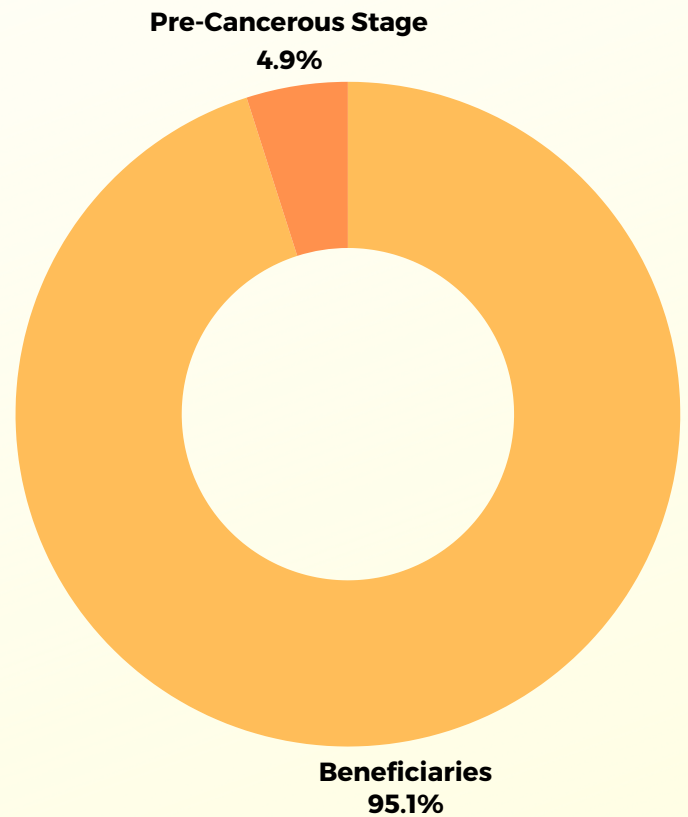
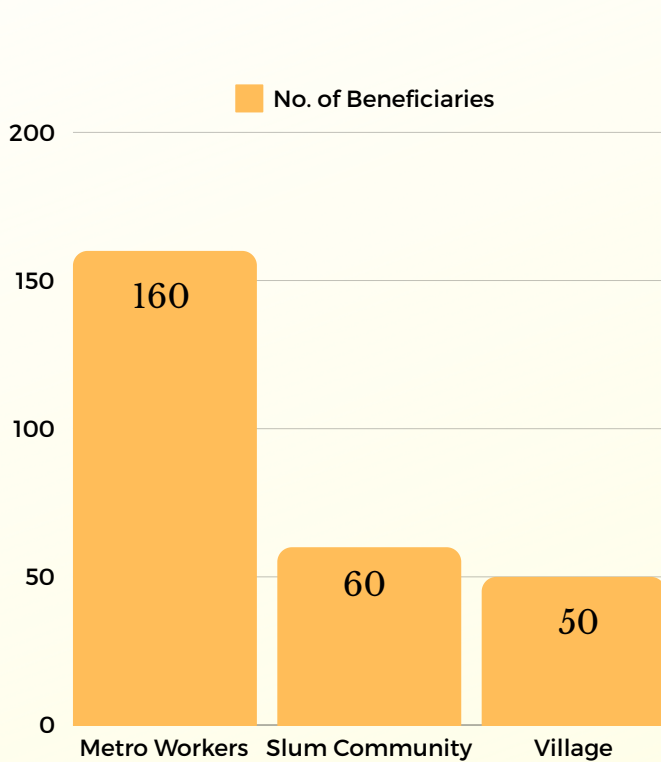
With the support of SMF Staffs, Saveetha Dental College & Thai Moogambigai Dental College

A total of 270 beneficiaries were able to be screened, and we identified 14 metro workers with pre-cancerous stages.





# ORAL SCREENING CAMP





# CANCER AWARENESS TALK

To commemorate World No Tobacco day , CAN-STOP organised a Cancer Awareness Talk in various companies, Villages & Slums such as,

- Companies: TI Diamond chain,Wheels India & Godrej Ambattur.
- Village: Alathur Village
- Slum: SM Nagar & Thiru Vi Ka Kudiyruppu

Dr. Nivedha, Dr. Meenakshi, Dr.Arun & Dr Harish Kumar from Dental Department, SMF gave the presentation about Oral Cancer and its ill effects to the employees.

A total of 298 participants took part in and benefited from this awareness campaign. The participants gave positive feedback and learned about the ill effects of tobacco.





# ONLINE PAINTING COMPETITION

@ Zoom Platform

To Commemorate World No Tobacco day, Canstop organised an Brush Tobacco Out Online Painting competition on May 18, 2024 from 10:30 am to 11:30 am for Age 5-10 years and from 02:30pm to 03:30 pm for Age 11-15years.

The theme for the Online Painting competition was  
Age 5-10 years: Tobacco Free World & Age 11-15 years: Tobacco Free Global Community.

The Winners for the Age 5-10 years are;

1st Prize: B. Divya Dharshini  
2nd Prize: Sezghina Senthilkumar  
3rd Prize: Dakshanya

Consolation Prizes:  
Aadhi Brindhavan  
Harshitha Sri

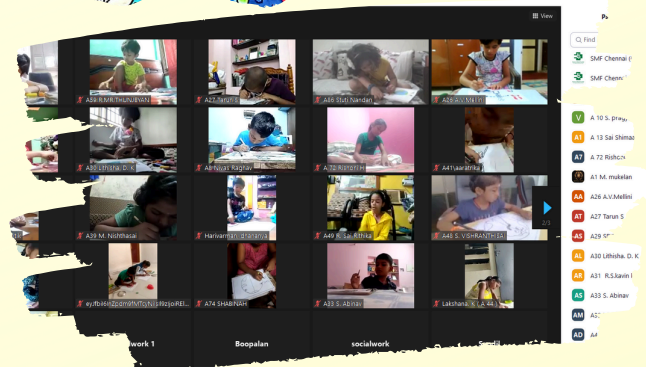
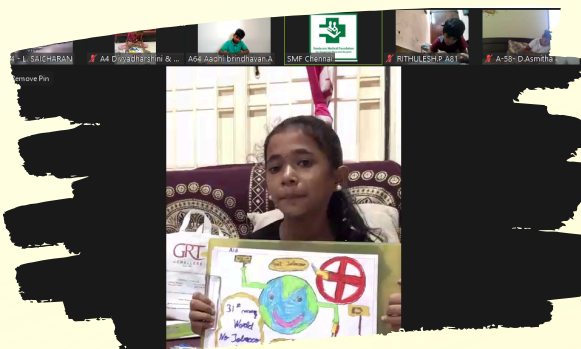
Age 11-15years are;

1st Prize: Kayal Hasanthika  
2nd Prize: Madeeha Fathima  
3rd Prize: Netra Rajesh Khanna

Consolation Prizes:  
Priya Dharshini  
Shruhasi Acharjee

E- certificates were given to all the participants and the winners recieved Amazon gift coupon in addition to their certificates.

A total of 153 participants took part in this Online Painting competition and shared more creative & informative drawing enhancing social responsibility.





# STICKER CAMPAIGN

@ Autostand, Central Railway Station

CANSTOP organised a sticker campaign on May 30th 2024 from 9am to 11am for the Auto drivers with 250 Autos at Chennai central to commemorate "World No Tobacco Day 2024."

We have given the tobacco awareness talk to the auto drivers.

The session went well, with good interaction. They all agreed that the session was so useful.





# WORLD NO TOBACCO DAY PROGRAMME

@ MCC Hr.Sec School, Chetpet

To commemorate World No Tobacco Day, "CAN-STOP" organized several activities (Screening Camps, Awareness Talks, Painting Competitions & Sticker Campaign) throughout the month of May to raise awareness about the significance of Oral cancer & its ill effects among the public. ROTARY DISTRICT 3232 & CANSTOP hosted an anti tobacco awareness program along with Human Chain Formation on "World No Tobacco Day" to educate the public about Oral Cancer. The awareness program was organized for the 17th year on May 31st , 2024, at Madras Christian College Higher Secondary School (MCC), Chetpet.

The event started with a folk dance (Parai Attam) of Tamil Nadu performed by the Dr. Kaleeswaran team, followed by a Skit, Flash Mob Performance & Cancer Awareness Talk from Tagore Dental College and Hospital, and Human Chain Formation by the participants from MCC School to Harrington Road Signal. We also presented awards to the children who won the online painting competition (Brush Tobacco Out) at the event. Finally, everyone has taken the pledge, "Together, Let's Say No to Tobacco."





# WORLD NO TOBACCO DAY PROGRAMME

@ MCC Hr.Sec School, Chetpet



We had special guests from Italy, Mr. Stefano Clementoni, Rotary Club of Camerino, and Mr. Sandro Lautizi, Rotary Club of Altofermano, joined us for the event, and the guests of honors for the event were: Rtn Ravi Raman District Governor, RID 3232; Rtn N S Saravanan District Governor Elect, RID 3234; Rtn Vinod Saraogi District Governor Nominee, RID 3234; Rtn Suresh Jain, District Governor Nominee Designate, RID 3234; Rtn Dr Vijaya Bharathi Rangarajan, Founder CAN-STOP, Trustee & Director, SMF; Rtn.J. Sridhar, Past District Governor, RID 3232; Rtn Muthusamy, Chairman, Public Image; and Rtn Dr. Sai Krishna, Dist. Chairman Health. More than 500 members, including Rotarians, 12 auto lady drivers with autos, college students, NGOs, SMF doctors & staff, Can-Stop volunteers, and the general public, participated in the awareness program.





# WORLD NO TOBACCO DAY PROGRAMME

@ MCC Hr.Sec School, Chetpet



Special thanks to all the sponsors: CANSTOP, Rotary District Health Team, Rotary Clubs, and SMF Hospital.

And also, thanks to those who supported the event: Rotary-Community Health & Public Image Teams, Tagore Dental College & Hospital, Rtn. Latha Bala Mukunthan, Rtn. Dr.Chandra Gupta, Rotaracts, College Students, Canstop Volunteers, SMF Doctors & Staff, General Public, MCC School Management, Dr. Kaleeswaran-Parraiyyattam Team,





# NUTRITION PROJECT

CANSTOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG) and the Institute of Child Health and Hospital (ICH) on Tuesdays & Thursdays regularly to enhance the nutrition of patients and offer consistent counseling services.

Tender coconuts worth Rs.17000 were distributed at IOG & A Pediasure worth Rs. 4860 was distributed at ICH.



## ART & PLAY THERAPY

Art and Play therapy sessions were regularly held for pediatric cancer patients and their families at the Institute of Child Health. These sessions included a variety of art and craft activities, along with fun games, to engage and entertain them while they were in the hematology ward.





# HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily.

In the month of May 2024, a total of 4 families got help from the Hope Chest.



Join us and make your contributions to the cancer patients at Govt. Hospitals.

Sarees, Toys,  
Bedsheets, Books,  
Nighties, Pillows,  
Petticoats, Tiffen Boxes,  
Sandals, Kettles,  
Slippers, Flasks,  
Towels, Water bottles,  
Toiletries, Kitchen utensils & appliances

**Note: Make sure the items are in good condition**

# CANNEST HOME

In the month of May 2024, a total of 211 families stayed at CANNEST Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers.





# SPONSORSHIP DETAILS

CAN-STOP expresses its sincere gratitude to sponsors for their generous contributions towards the CANSTOP project, and the donation details are provided below:

Sponsorship details		
Sponsors	PROJECTS	AMOUNT
Dayachand Malhotra	CANNEST	Rs. 20,000
Mrs.Vijaya Mahendran	CANNEST	Rs. 1000
Mr. Madusudhan	CANNEST	Rs. 50,000
Mr. Vaibhav	CANNEST	Rs. 5,000
Lion's Club	CANNEST	Rs. 3,500
Total		Rs. 79,500

# IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	Rs. 4,000
2	Chennai Food Bank	Rice bag	Rs.3,500
3	Ms.Latha.B	Rice bag	Rs. 1,500
4	Mrs.Darshana	Provisions	Rs.8500
5	Century Flour Mill	Soji & Wheat Flour	Rs. 4,440
6	Mr.Raghunathan	Kitchen Utensils	Rs, 5,700
7	Ms. Darshana & Ms. Himani	Kitchen Utensils	Rs.3,150
8	Mrs. Usha	Sugar	Rs. 200
Total			Rs.30,990





# VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

**Volunteers-Mrs.Origanti, Mrs.Indhumathy, Mrs.Selvam, Dr.Sendil,  
Mrs.Grishma,Mrs.Vijaya**

## HELP LINE SERVICE

Totally 208 calls were received in the CAN-STOP Help line number.

42 calls for STEP Program.

102 calls for WNTD Program

60 calls for BTO ( Online Painting Competition).

2 calls for Counseling

2 calls for Blood request at Government Hospital.



For your kind contribution:

CAN-STOP is eligible for 50% Tax  
Exemptions under Section 80G of  
Income Tax Act. Cheques can be  
drawn in favour of CAN-STOP



For more information contact us  
through:

044-26284256 / +91-9941007688

Connect with us through:



[www.canstop.org](http://www.canstop.org)

